

Friday from 5-7PM • May 10

Exhibit Opening: *The Love Affair*



This exhibit features the art of all five members of the Love family. It leaves little doubt that art is as much a natural as a nurtured talent. *The Loves*: Tim Love, a retired Vice Chairman and CEO of Omnicom Group, a leading ad agency, has returned to his first love, painting. Kate Love, a former art director, has more time to pursue recreational art since becoming an empty nester. Mac Love lives with his family in Akron, OH where he heads up his own design firm, ArtXLove. Eliza Love is a social worker in Danbury, CT and has moved her artistic talent into photography. Harrison Love, a graduate of RISD and an artist on the West Coast, has just completed a commissioned mural in San Francisco. This is the third *Love Affair*, preceded by ones in Stonington and Singapore. **Suggested donation \$5.**

Saturday at 3PM • May 18 *Please note the time of this concert has changed to 3pm.*

Music Matters: *The Soul of the Viola*

with Carol Gimbel (anon. viola, ca. 1725) and Cullan Bryant (1886 Chickering)



Music Matters presents its very first program for viola & piano, with brilliant Carol Gimbel and Cullan Bryant. The scores they will play—Britten, Schumann, and Clarke—are powerful and moving. The dusky, rich sound of the viola and our many-hued 1886 Chickering concert grand will soar in this rare and fetching program, magically played on exceptional instruments. **Tickets \$15.**

Thursday at 6PM • May 30

Food, Fitness & Fun Series: *The Health Benefits of Olive Oil*

with Suzanne and Stephen Capizanno



Join us to learn more about what makes extra virgin olive oils healthy. Stephen and Suzanne will discuss the many myths of Extra Virgin Olive Oil and show you what to look for when choosing a high quality over a lower grade oil. Food is medicine and choice matters. Several different types of extra virgin olive oils will be sampled in order to experience the nose and flavor notes of these olive oils and understand the difference between them. For the finale, there will be a special tasting treat using blood orange fused olive oil! **Suggested donation \$5.**

Visit our website to purchase tickets in advance.

Cash, check, or credit card accepted at the door. 18 and under admitted for free.

NO RESERVED SEATING; FIRST COME, FIRST SERVED. DOORS OPEN 1/2 HR BEFORE EVENT START.

CLASSES & OTHER EVENTS

SUNDAY THE 5TH AT 5PM

The Stonington Free Library Presents:
Brush Up Your Shakespeare
with Harry Martin

THURSDAY THE 9TH AT 6PM

The Stonington Historical Society Presents:
The History of the Palmer Shipyard in Stonington
with Rob Palmer

THURSDAY THE 16TH AT 6PM

Avery-Copp Museum House Presents:
Sea to Table Lecture Series: History of Scalloping
with author Paul Doucette, *Neptune's Nor'easter*

MONDAY THE 20TH AT 6PM

Avery-Copp Museum House Presents:
Sea to Table Lecture Series: Scalloping Today
with Joe Gilbert, Founder, Briarpatch Enterprises

Classes: See LaGruaCenter.org for class description and fees.

Yoga by the Sea with Casey Gash
Basic/Gentle Yoga (Tuesdays 9:30-10:45am)

Stretch and Strengthen--Maintaining Mobility and Stability;
Improving Your Balance, Posture, and Gait
(Mondays & Wednesdays 1-2pm; Fridays 9-10am)

Traditional West African Drumming & Dance w/Ashley Jones (Tuesdays: Drum 6-7:30, Dance 7:30-9pm)

Beginner's Mind Yoga with Alice Despard (Thursdays 9-10:30am)

Free parking for La Grua Center events is located in the lot at Stonington Commons at 32 Water Street in Stonington Borough. Turn right just past the Inn at Stonington where the sign says Stonington Commons. The parking lot is in front of you as you turn in, and we're the one-story stone building at the far end of the green (parking around the green is for Stonington Commons residents only).

32 Water Street • Stonington, CT 06378 • 860-535-2300 • lagruacenter.org • Events are open to the public.