



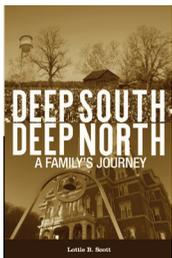
Saturday from 10AM-Noon • August 10
Adult Art Workshop: *Journal Jam*

This free workshop with Rebecca Tumicki is a great summer jam session to take a break and nurture your free-thinking spirit through three journaling techniques. This hands-on class combines mini-exercises on page layout, drawing, and writing for inspirational journaling. No journaling experience required. Bring your favorite pencils, pens, colored markers, scissors, glue stick, and a journal or paper. Space is limited to 12 participants and pre-registration is required. Call or visit our website for more details. **Suggested donation \$5.**



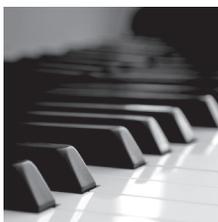
Friday at 7PM • August 16
Warm Nights, Cool Jazz Series: Lisa Marien

Lisa Marien will share an evening of jazz vocal magic, featuring music from her debut album *Just For Once* and favorite standards, accompanied by Steve Donovan on piano and Dave D'Addario on bass. **Tickets \$15.**



Wednesday at 6PM • August 21
Good Stories Well Told: Lottie Scott

Longtime civil rights activist and local arts advocate Lottie B. Scott will discuss her book, *Deep South Deep North: A Family's Journey*, a history of her life growing up in impoverished rural South Carolina and then her journey northward to Norwich in the late 1950's. Lottie will chat about her family's history and how their unbreakable bonds held them together through the hardship of racial discrimination and the challenges of family life as one of eight children. Her book will be available for sale and signing immediately following. **Suggested donation \$5.**



Saturday at 5PM • August 24
Music Matters: Meshulam-Kraft Piano Duo ~ Brahms
with Benita Meshulam & Edith Kraft, Two Pianos

There's no more moving work for two pianos than Brahms's beloved *Haydn Variations*, and our two brilliantly colorful Spanish scores will summon every single color, hue, and dynamic nuance from the two fine instruments. Benita and Edith have a few pianistic surprises for us, too! **Tickets \$15.**

Visit our website to purchase tickets in advance.

Cash, check, or credit card accepted at the door. 18 and under admitted for free.

NO RESERVED SEATING; FIRST COME, FIRST SERVED. DOORS OPEN 1/2 HR BEFORE EVENT START.

CLASSES & OTHER EVENTS

THURSDAY THE 8TH AT 6PM

The Stonington Historical Society Presents:
New Discoveries on the Battle of Stonington
with Bob Rieger

SUNDAY THE 11TH AT 5PM

The Stonington Free Library Presents:
What ARE Manners Today?
with Dan Post Senning

Classes: See LaGruaCenter.org for class description and fees.

Gentle Prana Flow Yoga with Chris Liguori
(Tuesdays 9-10:15am)

Stretch and Strengthen--Maintaining Mobility and Stability;
Improving Your Balance, Posture, and Gait
(Mondays & Wednesdays 1-2pm)

Traditional West African Drumming & Dance w/Ashley Jones
(Tuesdays: Drum 6-7:30, Dance 7:30-9pm)

Beginner's Mind Yoga with Alice Despard (Thursdays
9-10:30am)

Free parking for La Grua Center events is located in the lot at Stonington Commons at 32 Water Street in Stonington Borough. Turn right just past the Inn at Stonington where the sign says Stonington Commons. The parking lot is in front of you as you turn in, and we're the one-story stone building at the far end of the green (parking around the green is for Stonington Commons residents only).

32 Water Street • Stonington, CT 06378 • 860-535-2300 • lagruacenter.org • Events are open to the public.