



Thursday and Friday at 6:30PM • October 3 & 4

### Mystic Film Festival Screenings/Panel Discussions at La Grua Center

La Grua Center is pleased to be part of this year's Mystic Film Festival and will be showing *Tidewater* on Thursday, October 3 at 6:30pm as part of our **Military Matters Series** with a discussion about how rising sea levels affect military readiness. A series of short films by Made in Connecticut will show on Friday, October 4 at 6:30pm. Visit our website for more details. **Tickets \$10.**

Wednesday at 6PM • October 16

### World Comes to La Grua Series:

*Lessons Learned from a Year Abroad: Teaching, Traveling, and Learning in Southeast Asia* with Tim Flanagan

From teaching poetry in Vietnam to living with Burmese refugees in Thailand, Stonington Middle School teacher Tim Flanagan shares photos, stories, and lessons learned from a year abroad. Learn how to travel cheaply while immersing yourself in another culture. Ask questions and get inspired to take your own adventure! **Suggested donation \$5.**



Saturday at 5PM • October 19

### Music Matters Series: *Dvořák's Glorious Piano Quintet & Cypresses* with New York Classical Quartet and Julia Bady

Each visit by the New York Classical Quartet is an inspiration. They and their collaborative colleagues—in this case, pianist Julia Bady—present repertoire that comes from the heart and leaves us singing within. This time, they bring us a brace of chamber works by Antonín Dvořák. La Grua Center's resonant, transparent acoustic will lend wings to the tale Julia Bady and the NYCQ will share with us. The Chickering concert grand is exactly contemporary with both scores. **Tickets \$20.**



Friday at 7PM • October 25

### Cool Nights, Warm Jazz: *Packer Trio*

The Packer Trio featuring Ian Kelly on drums, Tom Latawiec on bass, and Fred Fagan on guitar, has developed a very eclectic repertoire over the last 19 years. They specialize in jazz standards with a modern approach and a chemistry that only comes from time. The trio will delight us with Latin and traditional music, as well as some original pieces. **Tickets \$20.**



**Visit our website to purchase tickets in advance.**

**Cash, check, or credit card accepted at the door. 18 and under admitted for free.**

**NO RESERVED SEATING; FIRST COME, FIRST SERVED. DOORS OPEN 1/2 HR BEFORE EVENT START.**

## CLASSES & OTHER EVENTS

SUNDAY THE 13TH AT 5PM

The Stonington Free Library Presents:  
*Sailing with Howard Park*

THURSDAY THE 10TH AT 6PM

The Stonington Historical Society Presents:  
*Indigenous Life in New England* with Nakai Northup

**Classes:** See [LaGruaCenter.org](http://LaGruaCenter.org) for class description and fees.

Yoga I/II with Chris Liguori  
(Tuesdays 9-10:15am)

Stretch and Strengthen--Maintaining Mobility and Stability;  
Improving Your Balance, Posture, and Gait  
(Mondays & Wednesdays 1-2pm)

Traditional West African Drumming & Dance w/Ashley Jones (Tuesdays: Drum 6-7:30, Dance 7:30-9pm)

Beginner's Mind Yoga with Alice Despard (Thursdays 9-10:30am)

The ABCD's of Medicare with Scott Nelson (Tuesday 10/15 & Wednesday 10/30, 10:30am-Noon)

The Art of Meditation with Gen Khyenwang (Wednesday 10/23 6-7:30pm)

Free parking for La Grua Center events is located in the lot at Stonington Commons at 32 Water Street in Stonington Borough. Turn right just past the Inn at Stonington where the sign says Stonington Commons. The parking lot is in front of you as you turn in, and we're the one-story stone building at the far end of the green (parking around the green is for Stonington Commons residents only).

32 Water Street • Stonington, CT 06378 • 860-535-2300 • [lagruacenter.org](http://lagruacenter.org) • Events are open to the public.