

LA GRUA CENTER

April 2016

FRIDAY THE 1ST FROM 5-7PM Exhibit Opening: Celebrating Art in Autism

SUNDAY THE 3RD FROM 2-4PM Staged Readings with the Stonington Players

Saturday the 9th at 5pm Travel Lecture: African Safari with Bob & Betty Fountain

Thursday the 14th at 6pm Stonington Historical Society: History of our Local Waterways with Karl Acimovic

Saturday the 16th at 5pm Music Matters Concert: NY Bulgarian Women's Choir

Tuesday the 26th at 7:30pm Mystic Middle School Jazz Band

WEDNESDAY THE 27TH AT 7PM
Mystic Middle School Chorus

Classes at La Grua Center

Visit our website www.LaGruaCenter.org for class description and fees.

Stretch and Strengthen-- Maintaining Mobility and Stability; Improving Your Balance, Posture and Gait. (Mondays 5:00 - 6:00 pm, Wednesdays 1:00-2:00pm)

Irish Step Dancing - Novice through Champion (ages 6 to 12) (Tuesdays 4:30 - 6:45 pm)

Traditional West African Dance w/ Ashley Jones (Tuesdays 7:30 -9:00 pm)

Beginner's Mind Yoga with Alice Despard (Thursdays 9:00 - 10:30 am)

Kripalu Yoga with Priscilla Humphrey (Thursdays 4:00 -5:15 pm)

Save the date!

June 10 Fundraiser Concert

June 11th Summer Music Festival!



www.LaGruaCenter.org

ARTS & CULTURE

FRIDAY from 5:00-7:00 PM • April 1st

New Exhibit Opening 3rd Annual Celebrating Art in Autism Show April is Autism Awareness Month!



For the third year in a row, we are pleased to present this exhibit featuring works by artists of all ages who have been affected by autism. Exhibit will run through the end of the month. Come and celebrate these exceptional artists!.

Opening reception Friday, March 4th from 5-7pm.

Suggested donation \$5.

LECTURE



SATURDAY at 5 PM • April 9th

Travel Lecture: African Safari with photographers Bob & Betty Fountain

Bob and Betty Fountain have done 8 photographic shoots with National Geographic. In this presentation, they will share photographs taken with National Geographic in Kenya and Tanzania last year. Come explore the wildest regions of Africa in this fascinating discussion!

Suggested donation \$5.

MUSIC

SATURDAY at 5 PM • April 16th

New York Bulgarian Women's Choir The Enchantment of Bulgarian Voices



The a cappella vocal music of Bulgarian women is one of the world's great cultural treasures. A first-time encounter with it takes your breath away. The sweet power, bracing harmonies, and stark vigor that bring these pure touching songs and sweeping epics to life are visceral. Vlada Tomova's art come straight from the celebrated tradition of Le Mystère des Voix Bulgares, which captivated global music lovers a couple of decades back. Passion, fiery Balkan temperament, disarming simplicity, searing pain of the soul, spontaneous harmonic improvisation, shattering intimacy with the core of life... all of these spring to brilliant-hued life in Bulgaria's living singing tradition. The bright-hued national costumes of these brilliant women will glow in late afternoon April light. Suggested donation \$10.

TUESDAY at 7:30 PM • April 26th WEDNESDAY at 7:00 PM • April 27th

Mystic Middle School Jazz and Chorus

Two nights of Mystic Middle School music! Talented musicians from Mystic Middle School will be delighting audiences with their music this month at La Grua Center. On Tuesday, April 26th, the Mystic Middle School Jazz Band will be performing at 7:30pm. On Wednesday, April 27th, the Mystic Middle School Chorus will be holding a concert at 7pm.

Please join us in welcoming back these talented young performers!

Suggested donation \$5.

EVENTS ARE OPEN TO THE PUBLIC.