



www.LaGruaCenter.org

SAVE THE DATES!



FRIDAY at 6PM • June 10th
Fundraiser Cocktail Party on the Green
SATURDAY starting at 10AM • June 11th
2nd Annual Stonington Sounds Music Festival

Our fundraiser will kick off our all day Music Festival on Saturday, June 11th! Festive fare and cocktails under the tent, with music featuring the Eastern Connecticut Symphony Orchestra's String Quartet.
 Tickets \$75pp

May 2016

THURSDAY THE 12TH AT 6PM
 Stonington Garden Club:
The Invention of Nature
 with Andrea Wulf

THURSDAY THE 19TH AT 6PM
 Calvary Church Concert

FRIDAY THE 20TH FROM 5-7PM
 Exhibit Opening:
The Beauty of Plum Island

SATURDAY THE 21ST AT 5PM
 Music Matters Concert:
Cello Sonatas with Sam DeCaprio

SUNDAY THE 22ND AT 5PM
 Music Lecture:
The Rock Revolution at 50
 with Michael Campbell

Classes at La Grua Center

Visit our website www.LaGruaCenter.org for class description and fees.

Stretch and Strengthen-- Maintaining Mobility and Stability; Improving Your Balance, Posture and Gait. (Mondays 5:00 - 6:00 pm, Wednesdays 1:00-2:00pm)

Irish Step Dancing - Novice through Champion (ages 6 to 12) (Tuesdays 4:30 - 6:45 pm)

Traditional West African Dance w/ Ashley Jones (Tuesdays 7:30 - 9:00 pm)

Beginner's Mind Yoga with Alice Despard (Thursdays 9:00 - 10:30 am)

Kripalu Yoga with Priscilla Humphrey (Thursdays 4:00 - 5:15 pm)

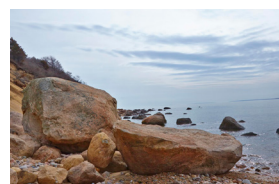
Special Exhibit!

For the first two weeks of May, the students from Saint Michael's School in Pawcatuck will be exhibiting their art work!

ARTS & CULTURE

FRIDAY from 5:00-7:00 PM • May 20th

New Exhibit Opening The Beauty of Plum Island



Beautiful photographs, paintings and pastel featuring the beauty of Plum Island will be featured in this picturesque exhibit. Artist John Sargent and photographer Robert Lorenz have also been involved with conservation efforts for this beautiful sanctuary, and we will be presenting a corresponding lecture on this topic with Chris Cryder from Save the Sound on June 4th. Exhibit will run through the end of June. Opening reception Friday, May 20th from 5-7pm. Suggested donation \$5.

LECTURE



SUNDAY at 5 PM • May 22nd

The Rock Revolution at 50 A Historical perspective

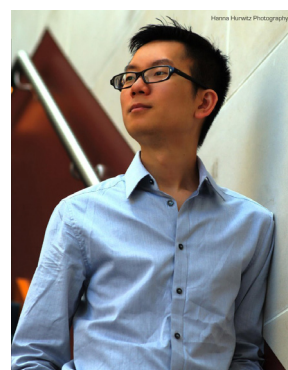
The rock revolution of the mid-1960s was the most eventful time in the history of popular music. At no time before or since did popular music change so radically in such a short timespan. In his presentation, Michael Campbell explores two questions: Why rock was such a revolutionary music, and why there hasn't been another popular music revolution since the 1960s. Join us for a fun and informative evening! Suggested donation \$5.

MUSIC

SATURDAY at 5 PM • May 21st

Cello Sonatas from the 19th & 20th Centuries Sam DeCaprio (cello) Wei-han Wu (piano)

Samuel DeCaprio (cello) and Wei-Han Wu (piano) will be presenting three cello sonatas as a part of this program: Debussy Sonata, Mendelssohn Sonata No. 2, and the more obscure and rarely performed Dohnanyi Cello Sonata. Mr. DeCaprio and Mr. Wu met and worked together extensively as a duo while studying at the Eastman School of Music in Rochester, NY. The program takes us on a journey through three very different compositional styles - the Impressionistic tendencies and colors in the Debussy, the balance and control that Mendelssohn infuses with Romanticism and fantasy, and the Hungarian and robust writing style of Dohnanyi. Join us for an evening of beautiful music!
 Suggested donation \$10.



EVENTS ARE OPEN TO THE PUBLIC.

Designated parking is in the main lot of Stonington Commons.

32 Water St, #7 • Stonington Commons • Stonington, CT • 860-535-2300