



# LA GRUA CENTER

## June 2016

### SATURDAY THE 4TH AT 5PM

Environmental Discussion  
*The Natural Beauty of Plum Island*  
with Chris Cryder of Save the Sound

### SUNDAY THE 5TH AT 5PM

Music Lecture  
*Bacchus Goes to the Opera*  
with James Kuslan

### THURSDAY THE 9TH AT 6PM

Stonington Historical Society:  
*Collections of the Mystic Seaport*  
with Fred Calabretta

### FRIDAY THE 10TH AT 6PM

Fundraiser Cocktail Party & Concert  
on the Green  
featuring *ECSCO String Quartet*

### SATURDAY THE 11TH STARTING AT 10:30AM

2nd Annual Stonington Sounds  
Music Festival

### SUNDAY THE 12TH AT 5PM

Stonington Free Library:  
*The Met's Cloisters Exhibit*  
with Griff Mann

### THURSDAY THE 16TH AT 6PM

Community Discussion  
BoroVision 2020: Let's Talk

### WEDNESDAY THE 22ND AT 6PM

Documentary & Panel Discussion  
*Take Back Your Power*



## Classes at La Grua Center

Visit our website [www.LaGruaCenter.org](http://www.LaGruaCenter.org) for class description and fees.

### NEW: Yoga by the Sea

with Casey Gash  
Gentle Yoga (Tuesdays 9:30-10:30am starting 6/7)  
Basic Yoga Flow (Saturdays 9:30-10:30am starting 6/18)

Stretch and Strengthen-- Maintaining Mobility and Stability; Improving Your Balance, Posture and Gait. (Mondays 5:00 - 6:00 pm, Wednesdays 1:00-2:00pm)

Irish Step Dancing - Novice through Champion (ages 6 to 12) (Tuesdays 4:30 - 6:45 pm)

Traditional West African Dance w/ Ashley Jones (Tuesdays 7:30 - 9:00 pm)

Beginner's Mind Yoga with Alice Despard (Thursdays 9:00 - 10:30 am)

Kripalu Yoga with Priscilla Humphrey (Thursdays 4:00 - 5:15 pm)

## FUNDRAISER CONCERT



### FRIDAY at 6PM • June 10th Fundraiser Cocktail Party & Concert on the Green

Featuring the Eastern CT Symphony Orchestra String Quartet

Please join us as we celebrate the accomplishments of our outgoing Executive Director, Jane Meiser, and kick off the outdoor music festival.

Festive fare, open bar including a signature Stonington Sounds cocktail, and music under the tent!

Tickets \$75pp. Call the office or visit our website to purchase. With thanks to our sponsors: Cottrell Brewing, Grey Sail Brewing, & The Real McCoy Rum

## ARTS & CULTURE

### Saturday at 5:00 PM • June 4th Plum Island with Chris Cryder from Save the Sound

Chris Cryder, Special Projects Coordinator for Save the Sound, will present a "virtual tour" of Plum Island using new imagery taken by photographer Robert Lorenz. The island, home to the nation's foreign animal disease center, as well as several endangered species and unique habitats, is soon to be sold to the highest bidder. But, many organizations would rather see the amazing island conserved. Come learn about current efforts to protect it. Suggested donation \$5.

### Sunday at 5:00 PM • June 5th Bacchus Goes the Opera with James Kuslan



In this talk James Kuslan explains that there is more to wine in opera than an excuse for drinking songs. Numerous sound clips illustrate points, made, when appropriate, with humor, that oenophiles and teetotalers alike will appreciate. No previous knowledge of opera is required—only a thirst for knowledge (and good music!). Suggested donation \$5.

## LECTURES



### THURSDAY at 6 PM • June 16th BoroVision2020: Let's Talk

Community Discussion

Please come and join fellow residents and our panel to discuss the past, present and future of Stonington Borough. Our panel includes representatives from all facets of the Borough: Jeff Callahan, Borough Warden (Government), Deborah Norman, Grand & Water Antiques (Stonington Village Merchants Association) and Spike Lobdell, President of NESS (Non-Profits). Bring your ideas and questions and get ready to participate in this important community discussion. Suggested donation \$5.

### WEDNESDAY at 6 PM • June 22nd Take Back Your Power

Documentary Screening & Panel Discussion

The 130-year old U.S. electricity grid needs a multi-trillion dollar upgrade. How this is carried out will significantly impact our economic and environmental future. This documentary explores the new utility 'smart meters' being installed on homes today and related issues of safety, security, and privacy. Panel discussion with Camilla Rees, Star Child, & Blake Levitt to follow the film. Suggested donation \$5.

## MUSIC



### SATURDAY starting at 10:30 AM • June 11th 2nd Annual Stonington Sounds Music Festival



A day of acoustic music at various locations throughout Stonington Borough. Take a stroll, do a little shopping, have a bite to eat, and hear some great music!

- 10:30am-Farmer's Market- **Ian Kelly Jazz Quartet** (jazz)
- 11am-La Grua Center- **Calvary Music School**, *Carnival of the Animals*
- 12pm-Library Square- **Sing & Play with Ms. Bergin** (children's concert)
- 1pm-La Grua Center- **Elena Zamolodchikova** (harpsichord)
- 2pm- Breakwater-**Tim Maynard Mac Johnston Duo** (guitar and violin)
- 2:30pm - Dog Watch Cafe - **Ken Fischer & Doug Maher** (guitar & jazz piano)
- 3pm-Library Square-**Hope Valley Volunteers** (bluegrass)
- 4pm-Harpsichord Factory-**Jordan Auber Jazz Quartet** (jazz)
- 5pm- La Grua Center- **Misuzu Tanaka & Maksim Shtrykov** (piano & clarinet)
- 7pm-Harpsichord Factory- **Aymeric Dupré la Tour** (harpsichord)
- 7pm- Portuguese Holy Ghost Society-**Sonia Bettencourt & Guitarras Do Alantico** (Portuguese Fado)

With special thanks to: Breakwater // Dime Bank // Dog Watch Cafe // Engine Room // Fishing Vessel Heritage and the Williams Family // Oyster Club // Zuckermann Harpsichord

### EVENTS ARE OPEN TO THE PUBLIC.

Designated parking is in the main lot of Stonington Commons.

32 Water St, #7 • Stonington Commons • Stonington, CT • 860-535-2300