



## LA GRUA CENTER

May 2017

TUESDAY THE 2ND AT 7:30PM  
Mystic Middle School Jazz Band  
*Spring Concert*

WEDNESDAY THE 3RD AT 7PM  
Mystic Middle School Chorus  
*Spring Concert*

FRIDAY THE 5TH AT 7PM  
Acoustic Storytellers Concert  
*A Musical Evening with  
Bergin O'Malley & Jesse Terry*

FRIDAY THE 12TH FROM 5-7PM  
Exhibit Opening  
*8th Annual Stonington Artists Show*

SATURDAY THE 13TH AT 5PM  
Music Matters Concert:  
*Martinu, Bartók, Walton, Guastavino,  
Tango, 1930s Paris Jazz*  
featuring String Lab

SUNDAY THE 14TH AT 5PM  
Stonington Free Library:  
*The Rift Valley Children's Village*  
with India Howell

THURSDAY THE 26TH AT 6PM  
Stonington Historical Society:  
*Lest We Forget:  
Veterans of Stonington*  
with Dave Erskine

### Classes at La Grua Center

Visit our website [LaGruaCenter.org](http://LaGruaCenter.org) for class description and fees.

Yoga by the Sea with Casey Gash  
Basic/Gentle Yoga (Tuesdays 9:30-10:45am, Sundays 10-11:15am)

Stretch and Strengthen--Maintaining  
Mobility and Stability; Improving  
Your Balance, Posture, and Gait  
(Mondays & Wednesdays 1-2pm)

Traditional West African Drumming  
& Dance w/Ashley Jones (Tuesdays:  
Drum 6-7:30, Dance 7:30-9pm)

Beginner's Mind Yoga with Alice  
Despard (Thursdays 9-10:30am)

Kripalu Yoga with Priscilla  
Humphrey (Thursdays 4-5:15pm)

**NEW** Full Moon Meditation with  
Sunshine Estar (May 10 at 7pm)

Mommy/Daddy & Me Psychic  
Development Class with Sunshine  
Estar (Mondays 10-11am)

Sensitive Child Psychic Development  
Class with Sunshine Estar (Mondays  
4-5pm)

Sensitive Kids Psychic Development  
Class with Sunshine Estar (Sundays  
1-2pm)

Beginner Psychic Awareness Class  
with Sunshine Estar (Sundays 2-3pm)

Advanced Psychic Development  
Class with Sunshine Estar (Sundays  
3-4pm)

LaGruaCenter.org

## ARTS & CULTURE

FRIDAY from 5-7PM • May 12  
**Exhibit Opening:  
Stonington Artists Show**



Come join us for our 8th annual Stonington Artists Show which will feature fantastic creations of various media from our own local artists. Exhibit will run through the end of June. Opening reception Friday, May 12 from 5-7pm.

*Open to the public. Suggested donation \$5*

## THE WORLD COMES TO LA GRUA LECTURE SERIES



SATURDAY at 5PM • May 6  
**When Lions Roared:  
How Brave Young People Defied Apartheid  
with author Manju Soni**

Boston and Mystic resident Manju Soni melds her own personal history with the evolution of the youth movement against apartheid, from sporadic protests of the Soweto Uprising, to the emergence of a national youth movement with over a million members. She chronicles the life of Steve Biko, whose philosophy of Black Consciousness inspired thousands of black students to demand an equal education. Delving deep into the archives of South Africa's Truth and Reconciliation Commission, she profiles in chilling detail the individuals in the apartheid government who made assassination a key tool of state policy. This story captures the power and desire of young black South Africans to become the agents of change.

*Open to the public. Suggested donation \$5.*

## MUSIC

FRIDAY at 7PM • May 5  
**A Musical Evening with Bergin O'Malley & Jesse Terry**



Join us for a special night of song and storytelling with two Stonington singer-songwriters, Bergin O'Malley and Jesse Terry. Doors open at 6:30pm.

Tickets \$10 advance purchase or \$15 cash/check at the door. Visit our website to purchase tickets.

SATURDAY at 5PM • May 13  
**Music Matters Concert:  
Duo String Lab**

**Music for Cello & Guitar**  
Jacques Lee Wood, *violoncello*  
Simon Powis, *guitar*



Duo String Lab's brilliantly colorful program is all from the 20th century. We can't imagine a more lyrical, rhythmically engaging, and heartfelt offering of "modern" music. Bartók's incisive Romanian Dances, Reynaldo Hahn's haunting songs, Villa-Lobos' soaring Aria, and Astor Piazzola's evocation of the growth of tango are gems, pure and simple. Jacques Lee Wood and Simon Powis are celebrated soloists. In their duo mode, they work miracles with the cantabile persona of the cello and the intricate warmth of the classical guitar. Irresistible. Won't you join us for this tuneful, evocative Saturday afternoon in May?

*Open to the public. Suggested donation \$10.*

EVENTS ARE OPEN TO THE PUBLIC.

Free parking is in the main lot of Stonington Commons, 32 Water St., Stonington Borough.

P.O. Box 342 • Stonington, CT 06378 • 860-535-2300 • [lagruacenter.org](http://lagruacenter.org)