



LA GRUA CENTER

August 2017

SATURDAY THE 5TH AT 5PM
Music Matters Concert:
Press Gang

SUNDAY THE 6TH AT 5PM
More Music:
Prevailing Winds Trio

FRIDAY THE 11TH AT 6PM
Friday Flicks n' Floats

SUNDAY THE 13TH AT 5PM
Stonington Free Library:
John Fullerton on the Environment

WEDNESDAY THE 16TH AT 6PM
Military Matters Series:
Robert Ross

THURSDAY THE 24TH AT 6PM
Community Discussion:
Borovision Part 3

SATURDAY THE 26TH AT 3:30PM
Memoir Writing Workshop

SATURDAY THE 26TH AT 5PM
Good Stories, Well Told Series:
Author N. West Moss

Classes at La Grua Center

Visit our website LaGruaCenter.org for class description and fees.

Yoga by the Sea with Casey Gash
Basic/Gentle Yoga (Tuesdays 9:30-10:45am)

Stretch and Strengthen--Maintaining
Mobility and Stability; Improving
Your Balance, Posture, and Gait
(Mondays & Wednesdays 1:30-2:30pm)

Traditional West African Drumming
& Dance w/Ashley Jones (Tuesdays:
Drum 6-7:30, Dance 7:30-9pm)

Beginner's Mind Yoga with Alice
Despard (Thursdays 9-10:30am)

Full Moon Meditation with Sunshine
Estar (Wednesday August 9 at 7pm)

Psychic Development Class with
Sunshine Estar (Mondays 10-11am,
4-5pm)

ARTS & CULTURE

FRIDAY at 6PM • August 11
Friday Flicks n' Floats
Mirth and Music for the Whole Family!



Thrill to the comedic antics of early film comedy stars, including Laurel and Hardy, Buster Keaton, and Harold Lloyd in an entertaining event of mirth and music for the entire family. Jeff Barnhart returns to La Grua Center with a treasure trove of stories and films from the early days of cinematic comedy. Car chases, stunts, suspense and romance await you as Jeff weaves his musical magic from scene to scene. To top it off, you'll enjoy a classic root beer float. An unforgettable show of education, entertainment, and above all, LAUGHTER!
General admission seating: \$10 Purchase online or with cash/check at the door.



SATURDAY at 3:30pm • August 26
Memoir Writing Workshop
with N. West Moss

Author N. West Moss will lead a 1-hour memoir writing workshop. Her creative nonfiction has won a gold medal from the Faulkner-Wisdom awards, and has appeared in *The New York Times*, *Salon*, *Brevity* and elsewhere. In this workshop she will teach how the tenets of good fiction writing (such as conflict and character development) are also essential to memoir writing. Please bring your own favorite writing implements or a laptop computer!
\$10. Space is limited to 20 participants. Please visit our website to register.

LECTURE SERIES

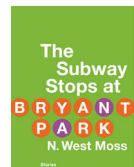
WEDNESDAY at 6PM • August 16
Military Matters Lecture Series:
Supporting Defense Industries & Those Who Serve
With Robert Ross, Executive Director of the CT Office of Military Affairs



As part of our Military Matters Series, we are pleased to present a talk with the State's Office of Military Affairs Executive Director, Bob Ross, who will give an overview of Connecticut's partnerships, programs, and investments to support the state's defense industries, prepare for the next round of Base Realignment and Closure (BRAC), and enhance quality of life for service members and their families. Q&A to follow.

Open to the public. Suggested donation \$5.

SATURDAY at 5PM • August 26
Good Stories, Well Told Lecture Series:
Author N. West Moss
The Subway Stops at Bryant Park



Award-winning author N. West Moss will be reading from her new short story collection, *The Subway Stops at Bryant Park*. All of the short stories in this collection are connected to Bryant Park, a tiny oasis in Midtown Manhattan that lies just behind the New York Public Library and its famous lions, Patience and Fortitude. Moss's work has appeared in *The New York Times*, *The Saturday Evening Post*, *Salon*, *McSweeney's*, and elsewhere. After the reading, the author will be interviewed and will take questions from the audience.

Open to the public. Suggested donation \$5.

MUSIC



SATURDAY at 5PM • August 5
Music Matters Concert:
Press Gang

A bold new sound has emerged in New England's traditional music scene: The Press Gang fuses the talents of squeezebox player Christian "Junior" Stevens, fiddler Alden Robinson, flute-player and vocalist Hanz Araki, and guitarist Owen Marshall into a high-octane musical partnership. The quartet blends their skill and fluency in traditional Irish music with their curiosity and aptitude for other styles.

Open to the public. Suggested donaton \$10.

SUNDAY at 5PM • August 6
More Music Concert:
The Prevailing Winds Trio



Join us as conductor and musician Martin Piecuch (*flute, soprano saxophone*), along with Kirk Edwards (*clarinet*), and Rebecca Noreen (*bassoon*), delight us with contemporary eclectic, engaging music that is both interesting and pleasing to the ear. Maestro Piecuch will give colorful descriptions of the afternoon concert fare. Special dining options available that evening at neighboring Stonington Harbor Yacht Club. See website for further details.

Open to the public. Suggested donation \$10.

EVENTS ARE OPEN TO THE PUBLIC.

Free parking is in the main lot of Stonington Commons, 32 Water St., Stonington Borough.

P.O. Box 342 • Stonington, CT 06378 • 860-535-2300 • lagruacenter.org