



FRIDAY at 7PM • December 1

**A Musical Evening with *Nora Fox & Friends ~ For My Father***

Featuring Nora Fox, Devon Yesberger on piano, and a possible special guest! This upcoming concert will remain largely mysterious until the moment of execution, but audiences can expect a little song, a little dance, and bit of holiday cheer! So come visit us after an evening of shopping and dining at Stonington Borough's Holiday Stroll for a one-of-a-kind performance as only Nora can deliver! **Tickets \$15.**



SATURDAY at 5pm • December 9

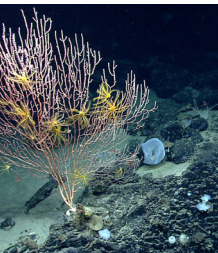
**Music Matters Series: *Café Lisboa ~ Portuguese Fado***

These wistful, haunting songs—it is largely a sung tradition—evoke longing and tragic loss, or joy tempered by what fate holds in store. The busy ports where the sea and Portugal meet infused fado with a rhythmic and harmonic complexity that make it unique in Europe. There's just nothing like it. Sonia Bettencourt and her brilliant fado colleagues are masters of their art. Join us for a moving, memorable afternoon! After the concert's wine reception at La Grua, enjoy special price acepipes (Portuguese tapas) at the Portuguese Holy Ghost Society located around the corner at 26 Main St. **Tickets \$10. Sponsored by the Portuguese Holy Ghost Society**



SUNDAY from 10AM-Noon • December 10 • **Co-sponsored by Stonington Garden Club**  
**Kids Holiday Art Workshop**

For the fourth year in a row, La Grua Center and the Stonington Garden Club are pleased to host our Kids Holiday Art Workshop! Local artisans will be on hand to help children create ornaments, cards, wreaths, and other holiday treats including pomanders. Drop in from 10am - Noon. Open to the public; no registration needed. Younger children must be accompanied by an adult. **Suggested donation \$5.**



WEDNESDAY at 6PM • December 13 • **Co-sponsored by Mystic Aquarium**  
**On Our Minds Series: *Our Blue Park ~ Seamounts Marine National Monument***

Senior Research Scientist at Mystic Aquarium Dr. Peter Auster will recount research on the ecology of the Northeast Canyons of the Atlantic, the home of the nation's only marine monument of the continental United States. He will also describe why this is such a special place for marine wildlife and worthy of protection. **Suggested donation \$5.**

**Visit our website to purchase tickets in advance.**

**Cash, check, or credit card accepted at the door. 18 and under admitted for free.**

## CLASSES & OTHER EVENTS

**Classes:** See [LaGruaCenter.org](http://LaGruaCenter.org) for class description and fees.

Yoga by the Sea with Casey Gash  
Basic/Gentle Yoga (Tuesdays 9:30-10:45am)

Stretch and Strengthen--Maintaining Mobility and Stability;  
Improving Your Balance, Posture, and Gait  
(Mondays & Wednesdays 1:00-2:00pm)

Traditional West African Drumming & Dance w/Ashley  
Jones (Tuesdays: Drum 6-7:30, Dance 7:30-9pm)

Beginner's Mind Yoga with Alice Despard (Thursdays  
9-10:30am)

Full Moon Meditation with Sunshine Estar (Wednesday  
the 6th at 7pm)

Tarot, Meditation, & Pendulum classes with Sunshine  
Estar (Mondays 10-11am)

EVENTS ARE OPEN TO THE PUBLIC.

Free parking is in the main lot of Stonington Commons, 32 Water St., Stonington Borough.

P.O. Box 342 • Stonington, CT 06378 • 860-535-2300 • [lagruacenter.org](http://lagruacenter.org)